

HAVE YOU SEEN OUR NEW WEBSITE?



What's new at N.W.C.C. Pilates® Training and Educational Centre?

We are pleased to offer **PILATES EDUCATIONAL COURSES, CERTIFICATIONS, AND A FULL CURRICULUM** to professionals in the field of health, Nursing, Physical Therapy, Physical Education, Sports Medicine, etc.. These educational opportunities extend to the greater Caribbean and international community.

We offer seminars, workshops and lectures – expanding educational opportunities for personal and

professional growth. We are delighted to offer **continuing education and training programs** designed to accommodate private and public sectors of government, industry and development as well as wellness professionals who have a genuine interest in expanding their knowledge, skills, leadership and management qualities.

Continued education programs provide:

- Social support system - a caring partner in your career success, new business solutions, latest scientific research and developments in fitness training and equipment.
- Goal – setting – ongoing educational programs and courses (CEC'S) designed to meet the needs of an organization, corporation or community.